

**SCHOOL HEALTH SERVICES
COMMUNICABLE DISEASE CONTROL
BIRMINGHAM PUBLIC SCHOOLS
OAKLAND COUNTY DIVISION OF HEALTH**

Dear Parent,

Date: _____

_____ Has been reported in our school.

Please observe your child for symptoms during the incubation period. The attached Communicable disease Reference Chart, developed for the schools by our Oakland County Health Division, may be used to determine the length of the incubation period.

Keep you child home if he/she shows any signs of illness. It is important that you notify the school if your child is ill.

BH95 (10/83)

BIRMINGHAM PUBLIC SCHOOLS
 OAKLAND COUNTY HEALTH DIVISION
 COMMUNICABLE DISEASE REFERENCE CHART

The following chart contains general recommendations involving uncomplicated cases of communicable disease. The recommendations are for use by school administration to exclude and readmit children who are ill or are suspected of being ill. Contacts without symptoms need not be excluded. The "Exclusion Period" is a minimum amount of time and covers the Communicability Period. A child may need a longer convalescent period because of his/her physical disability. It should be noted that these diseases are primarily transmitted by direct contact with the infected individual through coughing, sneezing, direct transfer or unsanitary conditions. Books, paper and other school equipment usually do not act as vehicles for transmission of diseases.

DISEASE	INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	ACTIONS TO BE TAKEN & EXCLUSION PERIOD
ANIMAL BITES	Variable depending on infection. Rabies in man - 10 days to over 1 year; commonly 2-8 weeks.	Variable depending on organism involved.	Seek medical attention immediately. Report to local animal control center.
CHICKENPOX	2-3 weeks; commonly 13-17 days.	As long as 5 but usually 1-2 days before onset of rash and not more than 1 week after first crop of lesions appear.	Exclude until 1 week after the eruption of the first crop of lesions and all lesions have crusted.
CONJUNCTIVITIS (Pink Eye)	Variable dependent upon infecting agent.	During course of active infection.	Exclude until under medical care and drainage from eyes has cleared.
FIFTH DISEASE (Hungarian measles; Erythema infectiosum)	About 4-15 days.	Unknown duration. Probably a few days before rash begins.	No exclusion providing rash is diagnosed as fifth's disease by physician.
FOODBORNE OUTBREAKS	Variable depending on agent involved.	Variable depending on agent involved.	Exclusion will depend on suspected agent involved. Seek medical attention as needed. Report by phone to the local health department.
HEPATITIS, TYPE A	14-55 days; average is 28-30 days.	2 weeks before onset of symptoms to a maximum of 2 weeks after onset.	Exclude until 2 weeks after onset of symptoms or 10 days after jaundice appears if it occurs.
HEPATITIS TYPE B	45-160 days; average is 60-90 days.	Several weeks before onset of symptoms until blood is no longer positive for evidence of virus.	Usually no exclusion recommended. Restriction from certain blood exposure activities should be considered individually.
HERPES SIMPLEX TYPE I & II	2-12 days.	Usually as long as lesions are present. Has been found in saliva for as long as 7 weeks after mouth lesions.	No exclusion recommended.
HERPES ZOSTER (shingles)	2-3 weeks; commonly 13-17 days.	As long as 5 but usually 1-2 days before rash and not more than 1 week after lesions appear.	Exclude until 1 week after eruption of any lesions & all lesions have crusted.

DISEASE	INCUBATION PERIOD	PERIOD OF COMMUNICABILITY	ACTIONS TO BE TAKEN &/OR EXCLUSION PERIOD
IMPETIGO	Variable, indefinite; commonly 4-10 days.	While sores are draining.	Exclude until under treatment and lesions healing & no new lesions appear.
MENINGITIS (Aseptic/Viral)	Depends on type of infectious agent.	Depends on type of infectious agent.	Exclude until physician approves return.
MENINGITIS (Hemophilus Influenza)	2-10 days; commonly within 2-4 days.	As long as organisms are present.	Exclude until under treatment and physician approves return.
MENINGITIS (Neisseria meningococcal)	2-10 days; commonly 3-4 days.	As long as organisms are present.	Exclude until under treatment & physician approves return.
MONO-NUCLEOSIS	From 4-6 weeks.	Communicability may persist up to a year.	Exclude until under medical care & physician approves return.
MUMPS	About 2-3 weeks; commonly 18 days.	Usually 48 hrs. before swelling. As long as 6 days before gland involvement to 9 days after swelling.	Exclude until swelling or other symptoms have disappeared.
PEDICULOSIS (Head Lice)	Eggs hatch in 7-10 days.	Until lice and viable eggs are destroyed.	Exclude until 1st treatment completed. Re-exclude if 2nd treatment not done within 10 days.
PERTUSSIS (Whooping Cough)	5-21 days, average within 10 days.	7 days after exposure to 3 weeks after onset if not treated, or until 1 week after treatment.	Exclude until 3 weeks from onset of disease if untreated or until 1 week after treatment.
PINWORMS (Enterobiasis)	4-6 weeks	As long as eggs are laid.	Exclude until first treatment completed. Re-exclude if 2nd treatment not done within 2 weeks.
RINGWORM	4-14 days.	As long as lesions are present.	Exclude until under medical care.
RUBELLA (German or 3-day Measles)	14-21 days; usually 16-18 days.	From 1 week before to 4 days after onset of rash.	Exclude until 4th day after onset of rash.
RUBEOLA (Hard or 10-day Measles)	8-13 days; 10 days average.	Beginning of cold symptoms until 4 days after appearance of rash.	Exclude until 5th day after onset of rash.
SALMONELLA	6-72 hours; commonly 12-36 hours.	During course of infection and until organism is no longer in feces.	Exclude until symptoms have disappeared. Activity exclusion based on OCHD recommendations.
SCABIES	First exposure 2-6 weeks; subsequent exposure 1-4 days.	Until mites and eggs are destroyed.	Exclude until 1st 12 hour treatment completed. Re-exclude if 2nd treatment not done within 10 days.
SCARLET FEVER AND STREP THROAT	1-3 days usually.	Greatest during acute stage of illness, 2-4 days after rash appears.	Exclude until under treatment for 24 hours.
SHIGELLA	-7 days; commonly -3 days.	During course of infection and until organism is no longer in feces.	Exclude until symptoms have disappeared. Activity exclusion based on OCHD recommendations.